

2022 JUNIOR SYNCHRO PRELIMS
SATURDAY, JULY 30TH
HOSTED BY: GLENMORE POOL





CODE OF CONDUCT - COACHES

As a coach it is my responsibility to lead by example by being a positive role model to all athletes.

I will promote fairness and participation towards all athletes.

I will ensure the rules of the sport are fully communicated and understood by the athletes and parents.

As a coach, I will treat athletes with respect and promote the value of their effort whether they win or lose.

I will always maintain self-control and refrain from inappropriate actions.

I will encourage emotional & physical development.

I will demonstrate a sound winning philosophy, by endorsing discipline, promoting commitment & sportsmanship.

I will remember to have fun and enjoy the summer!!!

CODE DE CONDUITE - ENTRAINEUR

En tant qu'entraîneur, il est ma responsabilité de mener par exemple tout en étant un modèle mélioratif pour tous les athlètes.

Je favoriserai l'équité et la participation envers tous les athlètes.

Je m'assurerai que les règles du sport soient reçues et comprises par tous les athlètes et parents

En tant qu'entraîneur, je traiterai tous les athlètes avec respect et favoriserai la valeur de leur effort même s'ils gagnent ou perdent.

Je maintiendrai un contrôle de moi-même en tout temps et m'abstiendrai de toutes actions inadéquates

J'encouragerai le développement émotif et physique mélioratif.

Je démontrerai une philosophie gagnante et saine, tout en encourageant une bonne discipline et en favorisant l'engagement et l'esprit d'équipe.

Je me souviendrai de m'amuser et d'apprécier l'été!!!



CODE OF CONDUCT - ATHLETE

As an athlete, I will understand and follow the rules of my sport.

I will conduct myself in a sportsmanlike fashion and remember whether I win or lose I will do so graciously.

Even if I disagree, I will respect my coach.

I will accept the decision of the officials with grace.

As an athlete, I will use respectful language towards teammates and opponents.

I will always maintain self-control and refrain from inappropriate actions.

I will remember that it is all about participation.

As an athlete, I will show respect towards my coach and fellow athletes by attending practices.

I will remember to have fun and enjoy the summer!!

CODE DE CONDUITE - ATHLÈTES

En tant qu'athlète, c'est de ma responsabilité de comprendre et respecter les règles de mon sport.

Je me comporterai de façon sportive et adéquate, que je gagne ou perdre. Je me mènerai de façon respectueuse.

Même si je suis en désaccord, je respecterai mon entraîneur.

J'accepterai la décision des officiels avec maturité

En tant qu'athlète, j'utiliserai un langage respectueux envers mes compagnons et mes adversaires.

Je maintiendrai un contrôle de moi-même en a tout temps et m'abstiendrai de toutes actions inadéquates

Je me rappellerai que ma participation est ce qui porte valeur.

Je montrerai le respect envers mes entraîneurs et mes coéquipiers en assistant à toutes les séances d'entraînement.

Je me rappellerai de m'amuser et d'apprécier l'été!!!



CODE OF CONDUCT - PARENTS

As the parent of an athlete, it is my responsibility to support the values of discipline, loyalty, commitment, and hard work.

I will not interfere with the coach by instructing my child at a practice or competition.

I will demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other athletes, parents, officials, and coaches.

I will always maintain self-control and refrain from inappropriate actions.

As a parent, I understand that criticizing, name-calling, use of abusive language or gestures directed at the coach, officials or any participating athlete is not tolerated or permitted.

When I become involved, I will communicate positively towards the athletes, coaches, and other parents.

As a parent, I will address any concerns regarding decisions made by officials directly with the coaches.

I understand my role as a parent: Athletes: **COMPETE** Coaches: **COACH**

Officials: **OFFICIATE** Parents: **SUPPORT**

I will remember to have fun and enjoy the summer!!!

NAA Constitution

Updated: June 20, 2022

CODE DE CONDUITE - PARENTS

En tant qu'un parent d'un athlète, il est ma responsabilité d'encourager les valeurs de la discipline, la fidélité, l'engagement et le travail fort.

Je n'interviendrai pas avec l'entraîneur en instruisant mon enfant lors d'une séance d'entraînement ou une compétition.

Je démontrerai un esprit d'équipe en me conduisant en quelque sorte que je gagne le respect de mon enfant, l'autre athlète, des parents, des officiels et des entraîneurs.

Je maintiendrai un contrôle de moi-même en a tout temps et m'abstiendrai de toutes actions inadéquates

En tant que parent, je comprends que les critiques, les injures et l'utilisation d'un langage ou de gestes offensifs dirigés à l'entraîneur, les officiels ou à n'importe quels athlètes participants n'est pas tolérer ni permis.

Lorsque je suis impliqué(e), je communiquerai de façon positive envers les athlètes, les entraîneurs et tout autre parent.

En tant que parent, j'adresserai n'importe quelles inquiétudes concernant les décisions prises par les officiels directement avec les entraîneurs.

Je comprends mon rôle en tant que : Athlètes : **COMPÉTITIONNER** Entraîneurs : **ENTRAINER**

Officiels : **PRÉSIDER**

Parents : **SUPPORTER**

Je me rappellerai de m'amuser et d'apprécier l'été!!!



Each NAA event has a panel of five judges. Immediately following a routine, judges present their scores for both technical merit and artistic impression. The highest and lowest score for technical merit and artistic impression are knocked off, leaving three scores which are calculated and an average of these three marks is found. The technical merit average is multiplied by 6.0 and the artistic impression average is multiplied by 4.0. Each average is rounded to 3 decimal places (e.g. 36.284). These two totals are then added together, resulting in the final score (rounded to 3 decimal places). All penalties are deducted from the final score.

A team must have at least four participants to compete in the team event. Each additional swimmer (beyond the four) earns 0.5 points, which is added to the final score. No additional points are added beyond eight swimmers. There is a maximum of ten participants in the team event. Any team with more than 10 swimmers will be penalized 0.5 per additional swimmer.

All scores announced at each NAA event are unofficial until the awards presentation.



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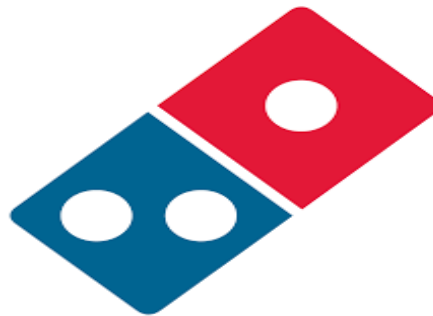
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30 Year Anniversary



JUNIOR SOLO EVENT

COMPETITOR # 1

ELLA MCLEAN - VALLEYCREST

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 2

JANITA PATEL - FAIRVIEW

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 3

CHASE DE LUCA - BALLANTYNE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 4

KAYLA BASSERMANN - WALTERS

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 5

LILY PONTON - WESTMINSTER

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 6

ANAELLE SAVARD - ELM PARK

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 7

ROXANE LEMARRE- GLENMORE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 8

MILLIE ROWCLIFFE - ECCLESTONE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 9

VALENTINA MARTINEZ - VERSAILLES

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

JUNIOR DUET EVENT

COMPETITOR # 1

ALIYAH EUGENIO/JASMINE IMANI - FAIRVIEW

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 2

SOPHIE DUNN/MADDY LINDSAY - ELM PARK

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 3

NIKKI JOHNSON/DAKOTA PROULX-OLSEN - WESTMINSTER

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 4

MADDISON DUVENYL-BRULE/KAYLA DUBOIS-ALZATE - FOREST VILLAGE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 5

MADDY FASSINA/CLAUDIA COOPER - GLENMORE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 6

CHARLIE DESLAURIERS/SOFIA MAIOLO - WALTERS

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 7

MIA BEALIEU/VITA SEVO - ECCLESTONE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 8

AMELIA SABBAGH/ALESSIA SABBAGH - VERSAILLES

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 9

JULIANNE BELLEY/VICTORIA SERLIS - BALLANTYNE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 10

LEAH COOK/OPHELIA VINCENT - THORNDALE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

45 MINUTE INTERMISSION/OFFICIALS BREAK

JUNIOR TEAM EVENT

PRE-SWIMMER # 1

PPK GUYS- EDGAR SARKIS, ASHER BEN-OR, TRISTAN SPONZA, MARK SPONZA

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 1

VALLEYCREST- ELLA MCLEAN, TALI CHEPELEUTSER, EILEEN CHOI, MADISON DUBE, MARA ENACHE, ADEA KELLY

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 2

SURREY- LAUREN MURRAY, MICHELA SGRIGNUOLI, EVERLY WILKEN, ASHLYN FRECHETTE, MAEVA NIKOLOV

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 3

WALTERS- CHARLIE DESLAURIERS, SOFIA MAIOLO, EMMA BASSERMANN, KAYLA BASSERMANN

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 4

THORNDALE- LEAH COOK, ELIZABETH FERREIRA, YI RU LIN, OPHELIA VINCENT

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 5

ELM PARK - SOPHIE DUNN, SOPHIE PETKOV, MADDY LINDSAY, OLIVIA BONAR, OLIVIA YEUNG, SOFIA PIAZZA, WILLOW FIGARO DI CRUZ, ANNABELLE FYEN

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 6

PPK GIRLS – SYDNEE BLACKBURN, ELL BEN-OR, HALEY HAMILTON, SOFIA RABBOUH, SARA RABBOUH, STEPHANIE BOATENG, MALENKA APOSTOLAKIS, MELISSA WARNOCK, ANNE-SIMONE THEORET

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 7

WESTMINSTER – HELENA SPANOYIANNIS, ISABELLE CHAPUT, BROOKE PROULX-OLSEN, MCKENNA PROULX-OLSEN, REBECCA CORBEIL, LEXA MAINVILLE, ARNIKA SADEGHI

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 8

BRIARWOOD – OLIVIA ROGERS, CJLOE DION, CALLIE DION, RYANN SWEENEY, PRIYA HUGGINS, CELIA LEMARIE-MORRIS

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 9

GLENMORE BLUE – LADAN AHMADI, REZA AHMADI, ZARA BEATON, FYNNLEY LAMPHIER, VICTORIA BALOUZAKIS, KRISTINA KARAKATSOULIS

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 10

ECCLESTONE- CORALYN CARON, GRACE FRAGA, LIANA HASSAN, KAYA KARANWAL, ANNA KOLDOVSKY, HANNA MELI, DALIA SHIHABELDEEN, CHLOE TADMORE, GABRIELLE ZAINO, ELIANA VITEZAKIS

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 11

FAIRVIEW – ALIYAH EUGENIO, ELIA EUSER, JASMINE IMANI, TESSA MARX-RENNIE, AVERY MACDONALD, ANVITA PATEL, JANITA PATEL, PRISCHA PATEL, LIDA WEISS

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 12

BALLANTYNE - CHASE DE LUCA, JULIANNE BELLEY, VICTORIA SERLIS, BRIANNA CALINEL, ALEXANDRA NICOLAU

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

COMPETITOR # 13

GLENMORE WHITE - KENZIE BOLOTEN, MARIZA CARON, CLAUDIA COOPER, MADDY FASSINA, ROXANE LAMARRE

MARKS	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total
Tech Merit						
Art Impr						

THANK YOU TO ALL OUR PARTICIPANTS,
VOLUNTEERS, OFFICIALS, AND SPECTATORS!!!