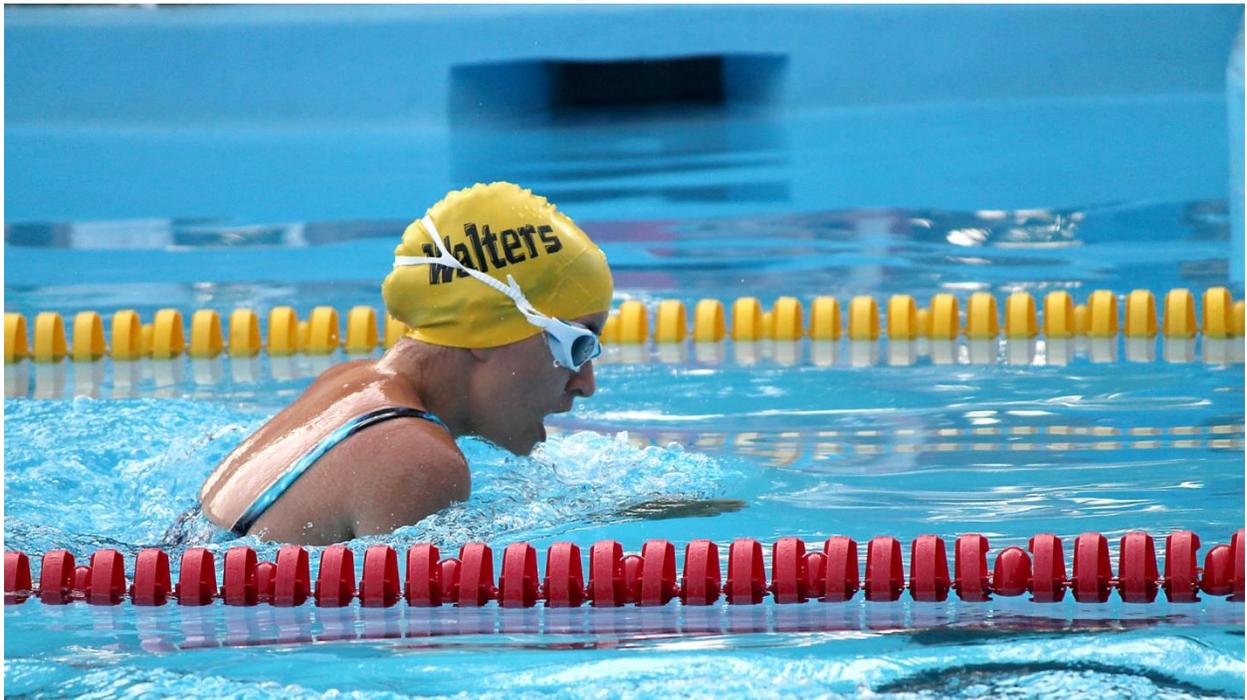


Summer Swimmer Meet

Saturday July 20th, 2019

Walters Pool



Meet Package

Venue

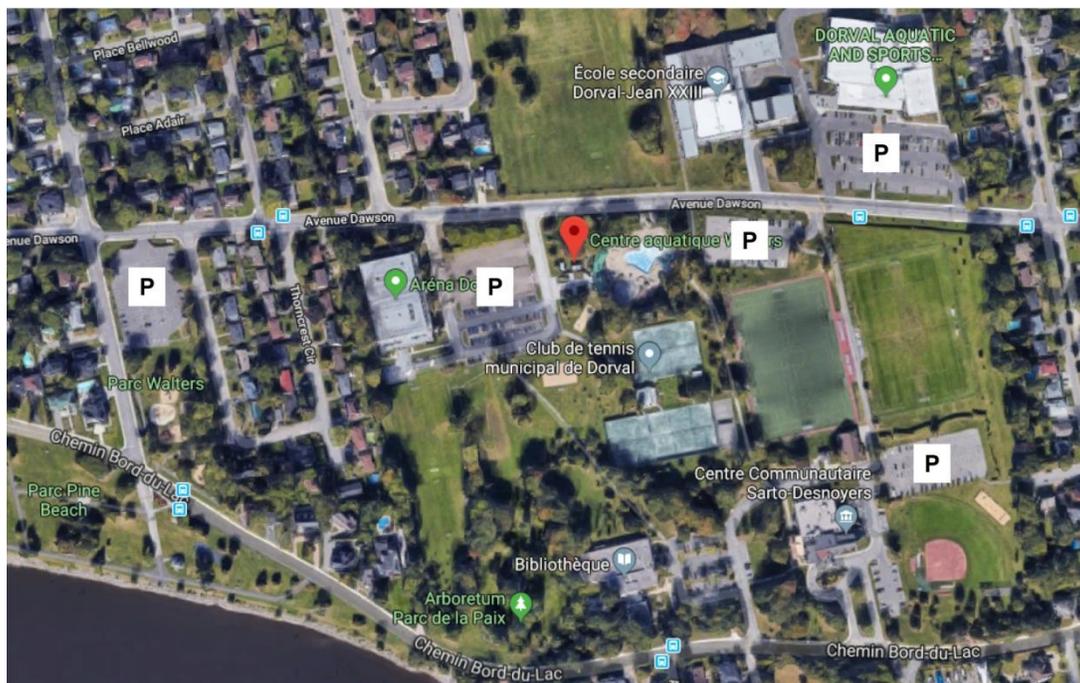
Walters Pool
1400 Dawson Ave, Dorval QC
H9S 1Y4

Male and female bathrooms are also used as changing rooms. Personal belongings left in the changing rooms and on pool deck are under the responsibility of EACH participant. Walters Aquatic Centre, NAA or the city of Dorval are not accountable for broken, lost or stolen items. We request everyone's collaboration to keep the pool and surrounding areas clean. We will provide a designated area with tables for each pool. We invite spectators and swimmers to bring their sunscreen, hat and water. A canteen will be open to purchase drinks and snacks. Breakfast items and a BBQ lunch will also be available for purchase.

Tables for each team will be available outside the pool to the right of the main entrance. The spectators will access the pool deck through the gate on the right-hand side of the pool building.

Parking

Walters Pool has a parking lot. There is also additional parking at the Dorval Aquatic & Sports Complex (1295 Dawson), Walters Park (corner Dawson & Pine Beach) and at the Sarto-Desnoyers Community Center (1335 Bord-du-lac). Parking is prohibited on Dawson Avenue.



Meet Manager

Carla Rastelli
carla_rastelli@hotmail.com
514-633-4023

Coaches

Upon arrival, one coach from each pool is requested to come to the clerk of course table white tent (near the slide) to pick up lunch coupons for each of their coaches.

Coaches meeting will be @ 8:00am in the baby pool area. The competition will start @ 8:45am. Each pool is to provide a timer.

Ribbons will be given to the head coaches to present to their swimmers at their awards night.

Officials

Officials are to be present @ 8am in the baby pool area where the meeting will take place. All officials are to wear white to be able to identify themselves.

Morning breakfast will be provided as well as a coupon for the BBQ @ lunch. Water stations will be available, please bring a water bottle.

Recorders and Chief Finish Judge will be placed under the white tent. Computers with a printer will be set up.

All pools are to bring stopwatches for their timers.

Results

The EVENT results will be posted on the fence near the pools' tables.

Only three official swimmers per pool are eligible for each event. Only the top three swimmers per pool will be ranked and thus eligible for awards and points. All other swimmers will be considered exhibition.

Team points results will be posted on the wall behind the hot tub.

Warm Up

Lane	7:00-7:20am	7:20-7:40am	7:40-8:00am
1	FOR	BWD	VER
2	SUR	ECC	VYC
3	WAL	ELM	TMR
4	BAL	WES	SAB
5	FVW	WPK	THO
6	GLE	PPK	CSL

Please remind swimmers that they must enter the water FEET FIRST in a cautious manner.
No running on pool deck or diving from the side of the pool. Diving starts are only permitted the last 5 minutes of the warm-up period. Only one way swimming shall be permitted during that time

Back Stroke Warm Up

Lane	11:45-12:00pm	12:00-12:15pm	12:15-12:30pm
1	FOR	BWD	VER
2	SUR	ECC	VYC
3	WAL	ELM	TMR
4	BAL	WES	SAB
5	FVW	WPK	THO
6	GLE	PPK	CSL

Marshaling

All swimmers will be marshaled through gate at the North end of the pool near Dawson Avenue. All swimmers should have their cards so that they may be placed in heats. Please make sure the swimmers' names are clearly legible as to facilitate data entry for the recorder.

Schedule

7:00-8:00 WARM UP

8:00 Coaches Meeting + Officials Meeting

8:30 -8:45 Speaker + National Anthem

8:45 Start Freestyle + Breaststroke

11:45-12:30 Break

Backstroke Warm-Up

12:30 Meet Resumes Backstroke + Butterfly