



# **NAA - North Shore Aquatic Association AAN - Association Aquatique NorthShore**

## **June 17<sup>th</sup> 2019 Meeting**

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### **AGENDA**

Date: June 17<sup>th</sup> 2019

Time: 7:00pm

Location: Dorval Community Center

1. Introduction and Welcome
2. Approval of Minutes and Agenda
3. Executive Reports
  - a) Treasurer
  - b) President
  - c) VP Swimming
  - d) VP Diving
  - e) VP Water Polo
  - f) VP Synchro
4. Vote on Constitutional Changes Submitted at May Meeting
5. New Constitutional Amendments to be voted on in August
6. Vote on Co-VP Water Polo (provisional)
7. Date and Location of Next Meeting (August 26<sup>th</sup>, 7pm)
8. President's Message
9. New Business / Announcements
10. Call for Adjournment

# PROPOSAL 1 BY GLENMORE

## SYNCHRO

### Current:

3.3.13

In Team competition, whether Preliminaries or Finals, one half (1/2) point shall be added to the Total Score for each additional competitor over four (4) in any one team up to a maximum of 8 competitors.

**Counter Proposal to Annemarie's proposal – As Canada Artistic Swimming (formerly Synchro Canada) No longer applies penalties, you are judged on your Swim, the NAA should follow that lead.**

**From the Canada Artistic Swimming (formerly Synchro Canada) Rule Book.**

4.7.2 Routines/Scoring (g):

iii) Routine Adjusted Score

1) Applicable penalties and deductions shall be subtracted to obtain the Routine Adjusted Score.

2) In Canada, there is no deduction for teams with less than eight (or ten in the case of Provincial age group, Masters or Free Combination routines) members.

### Change:

3.3.13

To Follow Canada Artistic Swimming (formerly Synchro Canada) rule

4.7.2 Routines/Scoring (g)

iii) Routine Adjusted Score

There will be no points added to the Total Score for teams over four (4) competitors.

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## PROPOSAL 2 BY GLENMORE

### DIVING

**Proposed Changes** would make Diving very similar to Swimming Qualification for Big Meet, while taking into consideration Diving is a judged Sport...not a timed one.

**Current:**

4.6.2 The six (6) highest scoring divers from each age-group will represent each division in the NAA diving championship meet.

**Change:**

4.6.2 The combined top 12 scoring divers in each age-group from both Section finals events will move on to the finals, as long as both A and B Divisions have at least 3 Representatives. If not, then the finals field will be added to until it meets the required representatives to a Max of 15 Divers.

**Current:**

4.6.3 Should there be a tie for six (6th) place at the section finals, both divers will advance to compete in the Championship Finals event.

**Change:**

4.6.3 Should there be a tie for twelfth (12th) place at the section finals, both divers will advance to compete in the Championship Finals event.

**Current:**

4.6.5 The alternates for each age-group will be the seventh (7th) and eight (8th) place finishers in that age group and division. Each division will have a total of eight (8) alternates (two (2) Pre-juniors, two (2) juniors, two (2) intermediates and two (2) seniors).

**Change:**

4.6.5 The alternates for each age-group will be the thirteenth (13th) and fourteenth (14th) place finishers in that age group. If neither the 13th or 14th place finisher in section finals is available, the alternate will be the following placed diver until an available alternate is found.

**Current:**

4.7.4 If no Alternate is available from the affected division the seventh (7) place finisher in the other division will be eligible to take their place.

**Change:**

**Delete** 4.7.4.....If 4.6.5 change passes, as would now be a duplicate in Ref to Alternates.

**Current:**

4.7.2 A total of twelve (12) divers shall compete in each age-group (Six (6) from each division).

**Change:**

4.7.2 The total number of divers to compete at Finals will be subject to rule 4.6.2 in each age-group.

**Current:**

4.6.1 The Section finals dates and times are set by the V.P. Diving and are scheduled for after the regular season dual meets are completed.

**Change:**

4.6.1 The Section finals dates and times are set by the V.P. Diving and are scheduled for after the regular season dual meets are completed. There will be one event for Pre Jr and Jr divers from both A and B divisions, and one event for Intermediate and Senior Divers from both A and B divisions this to ensure judging is equal for all divers at the Sections Finals events.

(The V.P can arrange Age Group combinations as they see fit for the Sections events for the best time management - EX: Pre JR and Senior Day 1 and JR and INT Day 2).

## PROPOSAL 3 BY GLENMORE

### WaterPolo

**Proposal - Add a Mixed 10 and under age Category for the 2019 summer, could be played on same night as Girls Games...like the U12 is on the Boys night or same night as U12 if many of the Players are the same???**

This would be similar to the 12 and under games rules. The VP in consultation with Coaches prior to the season starting, would adjust any necessary rules that best promote the Sport to new players in this age group.

**Rules Examples to Discuss:** Touching the bottom ok - unless shooting on the goal, 2 hands okay to pass only, maybe played in Shallow end of the pool widthwise or a shorten pool in the deep end, Size of the Nets, Ball and Length of game is maybe only 2 halves vs 4 Quarters...

#### Add:

#### 5.9 Mixed 10 and under Games

**This section to be constructed based on specific 10 and under rule differences in the summer of 2019 and adopted at the Aug 2019 NAA meeting for the summer of 2020 Play.**

IF getting it going for 2019 is a stretch.....as already May.....

Glenmore would promote a U10 Festival/Tournament(s) like THO hosted last year. With advanced planning, Locations/participation could be high much like the U12 Forest Village Tournament is every year.

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## PROPOSAL 4 BY VP WATER POLO

I would like to create a co-VP Water Polo position to better manage the scheduling and promotion of our activities and tournaments consistently throughout the summer. On the website only one VPs contact information would be available so all emails with questions, comments and concerns would go to one person, and from there they could delegate. This should prevent any confusion on who to contact. The co-VP position could be a 1-year position that is filled by an outgoing VP to help ensure a smooth transition for a new person, or could be filled by someone who is interested in the 2-year VP position. This would give them an opportunity to have some experience in the position first.

Current:

1.1.10 The executive Committee of the NAA shall consist of:

- President ● Secretary ● Treasurer
- Five (5) Vice-Presidents, representing: ○ Competitive Swimming ○ Synchronized Swimming ○ Competitive Diving ○ Water Polo ● Fundraising and Public Relations
- Past President

Change:

1.1.10 The executive Committee of the NAA shall consist of:

- President ● Secretary ● Treasurer
- Six (6) Vice-Presidents, representing: ○ Competitive Swimming ○ Synchronized Swimming ○ Competitive Diving ○ Co-Water Polo (2 VPs) ● Fundraising and Public Relations
- Past President

# Amendment Proposals to be voted on in August 2019

## PROPOSAL 1 BY VP WATER POLO

The next two proposed changes are simply for clarity.

Current: 5.1.3 All games shall consist of four (4) periods of seven (7) minutes each of running time. The clock shall be stopped only at the referee's discretion. The clock shall typically not be stopped at signals for stoppages (e.g. fouls, kickouts, goals) until the end of each period.

Change: 5.1.3 All games shall consist of four (4) periods of seven (7) minutes each of running time. The clock shall be stopped only at the referee's discretion. The referee may ask that the clock be stopped in the event of a time-out or delays caused by injury, weather, poor behaviour, problems with equipment or caps etc. The referee may also ask that the clock be stopped after goals in the fourth quarter if one of the teams is, in their opinion, purposely delaying the game.

Current: 5.1.5 The number of players in the water shall consist of 5 swimmers and 1 goalie. Teams may play with 4 swimmers and 1 goalie should both teams be in agreement.

Change: 5.1.5 The number of players in the water shall consist of 5 swimmers and 1 goalie. Teams may play with 4 swimmers and 1 goalie should both teams be in agreement. No team may start the game with less than 5 players. If the coaches cannot reach an agreement, then the team missing players will play shorthanded (5 vs. 4) or can choose to forfeit (while incurring the point penalties outlined below).

## PROPOSAL 2 BY VP WATER POLO

The following 16 additions to the rules are again, simply for clarity. Many of these rules are things that were being implemented for years but now they will be in the constitution and not left up to our collective agreement that they should just be done. This should help coaches and referees better understand the rules that we use in NAA. This also addresses some newly adopted FINA Water Polo rules that I strongly believe should not be followed by the NAA as I think they will be too difficult and complex for our level of referees to consistently follow.

Additions: 5.1.6 Regular season games will have a warm up that begins at 5:30pm with the game starting at 6pm, unless an alternate time is agreed upon by both coaches in writing. Playoff and Finals schedules will be decided by the VP.

5.1.7 The regular season game schedule must be followed. If a game has been rescheduled due to weather, an issue at the host pool, etc., the VP must be notified of the change immediately. The new date, time (and possibly place) must be agreed upon by both coaches in writing.

5.1.8 Teams must change ends between periods (instead of at half time).

5.1.9 The exclusion period (kickout) is 30 seconds running time.

5.1.10 After the exclusion period is over, the player must be waved back into the game by the table officials. If a player enters the pool before the 30 seconds has elapsed, they will be given another penalty, and the other team will be rewarded with a penalty 5 metre shot.

5.1.11 A player can receive a maximum of three (3) exclusions (kickouts). On the third kickout, the player cannot re-enter the game. They may still sit on the bench with their team.

5.1.12 The referee will turn over the ball if they feel like a team is wasting time and making no effort to advance the ball towards the opponents' goal.

5.1.13 If a player leaves the game as a result of an accident, injury, or illness, the referee may allow the injured player to re-enter the water later in the game. In the case of bleeding, the referee shall stop the game and order the player from the water until the bleeding has stopped.

5.1.14 A marker will be placed along the 5 metre line. A player may take a shot at the net after a minor foul as long as it is one motion, immediately after the foul, and that they were fouled outside of the 5 metre line (the FINA 6m rule will not apply)

5.1.15 If the referee calls a 2 metre ball, the ball will only become live after a pass (the FINA 2m rule will not apply)

5.1.16 An offensive player to enter the 2m area without the ball but: • the player may not receive the ball • the player may not obstruct the goalie • The player may not swim and obstruct a defensive player, with their team possibly taking advantage of the situation.

5.1.17 14U goalies may stand on the ledge (if any) in the deep end at any time to defend their goal; for 16U goalies, playing from the ledge under any circumstances shall constitute a major foul. "Launching" out from the ledge or jumping off the bottom in the shallow end to foul an opponent (as opposed to blocking a shot or retrieving the ball) shall constitute a major foul. Resting on the ledge will be allowed for any age category.

5.1.18 Playing off the bottom shall constitute a minor foul for all field players. Repeated offences after at least one warning from the referee shall result in a major foul. Any deliberate attempt to prevent a goal-scoring opportunity by playing off the bottom will be considered a



major foul. If it occurs in the last minute of the game, the major foul will be a penalty 5 metre shot.

5.1.19 Substitutions may be made: a. between periods of play b. after a goal has been scored c. during a major foul d. during a time-out e. during the game but from the designated corner only (both players must be in the corner before the entering player joins the play) All substitutions will be made from the designated corner. An illegal substitution will result in a penalty (5m) shot.

5.1.20 Each team is entitled to two (2) one minute time outs per game (regular season, playoffs and finals included)

5.1.21 If an athlete is running late to the game but they still plan on playing, their name must be on the scoresheet before the game starts (no names can be added after the game starts). If their name is still on the scoresheet after the game has been played and they DID NOT play/show up, this will result in a 2 goal penalty.

## PROPOSAL 3 BY VP WATER POLO

Since we no longer require the coaches to drop off the actual game sheets to a physical location, I think getting pictures or scanned copies by email within 2 days of a game is completely reasonable. This will allow us to keep the website updated and keep parents, players and coaches up to date on the scores throughout the season.

Current: 5.4.3 In the event of a forfeit (defaulted game), it will be the responsibility of the winning team to fill out a score sheet in its entirety and deliver it to the Vice-President of Water Polo. Change: 5.4.3 In the event of a forfeit (defaulted game) it will be the responsibility of the winning team to submit a completed scoresheet with their athletes names filled in within 48 hours (2 days) of the date the game was scheduled to be played on (this will count towards player eligibility for playoffs and finals- see 5.2.6).

Current: 5.4.4 Game results shall be delivered to the Vice-President Water polo. Score sheets not received within 48 hours (2 days) of the end of the scheduled week will result in the Home Team being defaulted.

Change: 5.4.4 Score sheets must be submitted to the VP within 48 hours (2 days) of the game. It is the host pools responsibility to submit these score sheets. Failure to do so will result in a forfeit of the game for the host pool.

## PROPOSAL 4 BY VP WATER POLO

After looking at the results from last season, I noticed that there were several wins from forfeit. I propose that if/when there are enough teams, the VP should try and create a schedule with two divisions, made up of pools with similar competing teams to have fewer wins by default. Depending on how the schedule is made that season (either a randomly made schedule or creating two divisions) this would change how many teams make it to the playoffs.

Addition: 5.4.6 The dual meet schedule structure will be dependent on the number of teams participating. The schedule will either be randomly assigned or will be separated into two divisions based on the previous seasons results. This will affect who qualifies for playoffs (see 5.5.6)

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## PROPOSAL 5 BY VP WATER POLO

By removing the overtime periods, this will cut down the potential length of a game and make scheduling easier.

Current: 5.3.5 Playoff and Finals games that are tied following regulation play will be decided by playing two 3-minute quarters, followed by a (3 player) shootout if necessary.

Change: 5.3.5 Playoff and Finals games that are tied after regulation play will be decided by a 3 player shootout. If it is still tied after one round of shootouts, shootouts will continue for subsequent rounds until there is a winner.

## PROPOSAL 6 BY VP WATER POLO

This proposed amendment would reiterate how playoffs would work depending on how the regular season schedule was made.

Current: 5.5.6 The top eight teams in each category from the dual meet season will make the playoffs. If a team withdraws prior to the start of the playoffs, the VP may select an alternate (Team 9, 10, ...) to replace that team, in their current scheduled game time.

The 1st round Playoff games will be set up as follows: 1 v 8, 2 v 7, 3 v 6, 4 v 5 with the winners advancing to the next round. In the subsequent rounds of the Playoffs, the matchups will be set with highest ranked remaining team playing the lowest ranked remaining team in each category.

Change: 5.5.6 The teams participating in playoffs will be decided depending on how the dual meet season schedule was made (two division schedule or random assignment). It will either be the top eight teams from each category (random assignment), or all of the teams from both divisions (two division schedule). The VP will make which format we will follow clear within the first week of regular season games.

5.5.7 In a top eight format, the 1st round Playoff games will be set up as follows: 1 v 8, 2 v 7, 3 v 6, 4 v 5 with the winners advancing to the next round. In the subsequent rounds of the Playoffs, the matchups will be set with highest ranked remaining team playing the lowest ranked remaining team in each category. If a team withdraws prior to the start of the playoffs, the VP may select an alternate (Team 9, 10, ...) to replace that team, in their current scheduled game time.

5.5.8 In a two-division dual meet season schedule, all teams would play a preliminary playoff game. Regular season rankings would be used to determine who plays who, similarly to the top eight format. The top 6 teams would move on to the round robin games, and then finals.

## PROPOSAL 7 BY VP WATER POLO

I would like to add information on QC Games to the constitution in the miscellaneous so that everyone can have access to the same information from the beginning of the season. I think this will help coaches with a lot of the questions they have about this tournament and it will give them something to refer to.

### Addition: 5.7.2 Quebec Games Tournament

5.7.2.1 The Quebec Games water polo tournament will be held on the first or second weekend of August at the Dollard Civic Center between approximately 14h30 and 21h30.

5.7.2.2 Coaches interested in entering a team will respond to the VPs invitation to participate. Failure to answer within the allotted time will mean that the team will not be entered into the tournament.

5.7.2.3 There will be an NAA play-in tournament to decide the 16U teams that will participate in the Quebec Games finals held at DDO (one boys and one girls team). The 14U teams that will represent the NAA will be decided based on the results from the regular season (top boys and girls team).

5.7.2.4 The age related participation rules for Quebec Games are different. The athlete must be 16 years old on January 1st of that year, and staff members are allowed to play. A staff member is considered a member of the pool they work at.

5.7.2.5 If an individual pool cannot field a team, some arrangements may be made at the VPs discretion to accommodate those pools. Requests for accommodation must be received before the play-in tournament.

## PROPOSAL 8 BY VP WATER POLO

Participation across the board has been dwindling year after year, especially on the girls side. I believe that if we open the age categories slightly, we will be able to have more participation in every age group. This might also allow smaller pools to field more teams in more categories, again increasing participation.

Current: 1.2.4 Competitors shall be placed in the age category for competing in the NAA season based on their age on June 30th of that year.

Change: 1.2.4 Competitors shall be placed in the age category for competing in the NAA season based on their age on June 30th of that year, with the exception of water polo (please see 5.2.1)  
5.2.1 Water polo age categories shall be determined by a participants birth year and not the June 30th rule. All participants must be twelve, fourteen or sixteen years old on January 1st of that season.