

U10 WATER POLO TOURNAMENT @ PPK



Where: PPK Pool 355 De la Rive-Boisée

When: Sunday July 5th, 2015

Why: To integrate our younger generation to the sport of water polo in a fun-filled day.

Who: Open to all NAA Pools

Cost: 35\$ entrance fee, must be paid by JULY 2ND at PPK

The more teams, the more fun and gifts for your kids!

Rules:

- Age: Must be 10 years old by **JULY 1ST** (NAA rule)
- Can touch the ground, but no jumping off the pool floor
- Catch with two hands, throw with one
- 5 field players in the water at a time plus 1 goalie
- 4 x 5 minute quarters running time

The schedule will be available as of July 3rd and will be sent out as an E-mail. The timings will roughly be around 9 AM to 1 PM depending on the number of teams registered.

For any questions please contact Penny Michael at 514-806-2817

